VELOCITY A FEREUR NER CERTENSE

SUNDAY AUGUST 20, 2023 ALDER FLATS, ALBERTA

PRESENTED BY



This event is Velocity Cycling Club's first foray into gravel.

We have two routes planned both staging out of Alder Flats, southwest of Edmonton. The **shorter route is 56 km** in length while our **grande ride is 105 km**. The majority of both routes are on roads belonging to Cenovus Energy, with some of the route also run on roads belonging to Wetaskiwin and Clearwater counties. The Cenovus oil lease roads are very quiet, primarily single lane wide with even some narrowing to double track. We are thankful for permission of both counties and Cenovus for the use of these roads. As this is our first gravel event we are limiting the field to 100 rider max and expect a non-alcoholic social/BBQ post ride.

CATEGORIES

Open Men **56 km** Open Women **56 km** Open Men **105 km** Open Women **105 km**

REGISTRATION / ENTRY FEE

\$50 for all categories. Registrants must be a member of an ABA-affiliated club.

Register online at Zone 4

Registration closes **midnight Thursday August 17** *or* once **100** participants have registered – whichever occurs first.

RACE CONTACTS

Allan Plesniarski dlachego@gmail.com Ed Heacock heacock@telusplanet.net 780-860-6469

LAND ACKNOWLEDGEMENT

Velocity Cycling Club and the Alberta Bicycling Association recognizes that our event in Lynnwood Community in Edmonton, is on Treaty #6 territory. The land is a traditional meeting ground, gathering place, and traveling route of the Cree, Saulteaux, Blackfoot, Métis, Dene, and Nakota Sioux. We acknowledge that this is traditional and ancestral land, home to many First Nation, Métis and Inuit.

VENUE

Alder Flats is approximately 160 km from Edmonton and 265 from Calgary.

When travelling south from Edmonton on Hwy 2 take the Wetaskiwin/Hwy 13 interchange then travel west to Alder Flats. When travelling north on Hwy 22 from Calgary, take Hwy 13 west to Alder Flats.

RACE HEADQUARTERS/SIGN ON

Alder Flats Community Agricultural Society Building in Alder Flats. <u>Get directions on Google Maps</u> Parking is adjacent the S/F area.

COURSE

56KM ROUTE



56 km Route on Ride with GPS

56 km Route on Strava

105KM ROUTE



105 km Route on Ride with GPS

105 km Route on Strava

FORMAT

A traditional road fondo event – first across the line.

Course will be signed. Route is primarily through aspen parkland on oil roads belonging to Cenovus Energy. The route includes multiple intersections with multiple opportunities to become lost/ disoriented. The routes are available in .FIT and .gpx format. **All riders should have the route downloaded to their respective electronic cycling devices, prior to the start.**

56 km Route on Ride with GPS

105 km Route on Ride with GPS

56 km Route on Strava

105 km Route on Strava

SCHEDULE

Open men/women **104 km** start at **10:30 am** Open men/women **56 km** start at **10:40 am**

RULES & REGULATIONS

WHO CAN RIDE

All ABA-affiliated club members are eligible to register.

RACE NUMBERS

Frame plate numbers will be provided for the front of your bike and will be available for pick up at sign on prior to the start – please bring zip ties. If there are over 50 registrants expect chip timing.

RULES & REGULATIONS CONT'D

REGULATIONS

This event will be run in accordance with **ABA/CC/UCI** Cycling regulations. Riders are responsible for knowing and understanding these regulations. They can be found online <u>here.</u>

RULES OF THE ROAD

There is no road closure for this event. Riders are expected to obey all traffic laws. **Centreline rule** is in effect on the paved portion of the route as per ABA road rules and will be enforced.

MANDATORY GEAR

Our support crew will handle rider emergency situations. Flat tires are not an emergency. Rider should carry tools and spares to deal with mechanical issues along with extra layers in case of changing weather conditions.

FEED STATIONS

Feed stations will have water and energy bars. Short course (56 km route) feed is at kilometer 31. Long course (105 km route) feeds are at kilometers 42, 63 and 80.

ANTI-DOPING

The ABA complies with and fully supports the **UCI anti-doping regulations**, the clauses of the **World Anti-doping Code** and its international Standards to which the UCI anti-doping regulations refer and to the anti-doping regulations of other competent bodies per the regulations of the UCI.

RIDER CONDUCT

It is a privilege to use Cenovus Energy roads. Unsportsmanlike conduct including but not limited to litering will not be tolerated.

MEDICAL INFORMATION/ HOSPITAL LOCATION

An Emergency Medical Responder complete with vehicle will be on site. If there is an incident on course please let the nearest course marshal know so first aid personnel can be dispatched.

The nearest hospital is in Drayton Valley, 48 km from Alder Flats. Get directions on Google maps.