

A cyclocross race in progress, with riders on a grassy field. The background is a deep red color. Overlaid on the image is a large logo consisting of a white 'C' and a yellow 'W'. The word 'VELOCITY' is written in white, bold, sans-serif capital letters across the middle of the logo.

CW VELOCITY

SEPTEMBER 3, 2023

STRATHCONA SCIENCE PARK – EDMONTON, AB

PRESENTED BY



CYCLING CLUB

In conjunction with the TUBS ON TUBS SUPERCALIFRAGILISTICEXPIALIDOCIOUS PRESTIGE on Saturday, Velocity CX race will be held rain or snow or shine at **Strathcona Science Provincial Park on Sunday September 3, 2022.**

Registration is **\$45.00**.

U17 can sign up at a reduced **\$25.00** registration.

The citizen category requires purchasing a **\$20.00**

SEL at sign on to cover ABA insurance.

[Register online at Zone 4](#)

Registration closes **Friday, Sept 1 at 11:00pm**.

***There is no race day registration. Online only!!!**

LAND ACKNOWLEDGEMENT

We want to give thanks for the traditional and ancestral territory that our event takes place on. We acknowledge the First Nations across Treaty 6 land – the Cree, Dene, Blackfoot, Saulteaux and Nakota Sioux; the Métis Nation of Alberta in regions 1, 2, 3 and 4; and the Inuit whose footsteps have marked these lands for generations. We are grateful for the stewardship and teachings of Elders and Traditional Knowledge Keepers and the efforts of youth and individuals who continue to protect land and language. This is an acknowledgement of the historical relationship between Indigenous and nonIndigenous communities on Turtle Island, and is a call to action to walk together towards reconciliation.

RULES

Licensed racers are categorized as in the table. Your category corresponds to your respective Road or Mountain Bike category, whichever is higher. Please direct any questions to the ABA prior to registering.

CROSS	ROAD	MTB
Novice Men & Single Event License	Men: U15, U17, Cat 4 Master 50+	Men: U15, U17, Novice, Sport, Master 50+
Sport Men	Cat 3, 4	Sport, Expert
Expert Men	Cat 1/2, 3	Expert, Elite
Open Men	Open to all license holders	Open to all license holders
Sport Women & Single Event License	Women: Cat 4	Women: Novice, Sport, Expert
Open Women	Open to all license holders	Open to all license holders

License check will be at the ABA tent and closes 15 minutes before your start time. All riders must present their license to the ABA Technical Delegate or you may be fined.



Bring your ABA cross numbers or get them at license check.
Race number placement is the two smaller numbers on your shoulders facing forward and the large number on your lower back.

Please bring your own pins.

RULES CONT'D

This event will be run according to ABA/UCI regulations, which are available [here](#). Each racer is responsible for knowing and understanding the rules and regulations. Cyclocross bicycles must be used in the Sport Men, Expert Men, Open Men, and Open Women categories. In all categories, please remove all racks, bags, light mounts, etc .

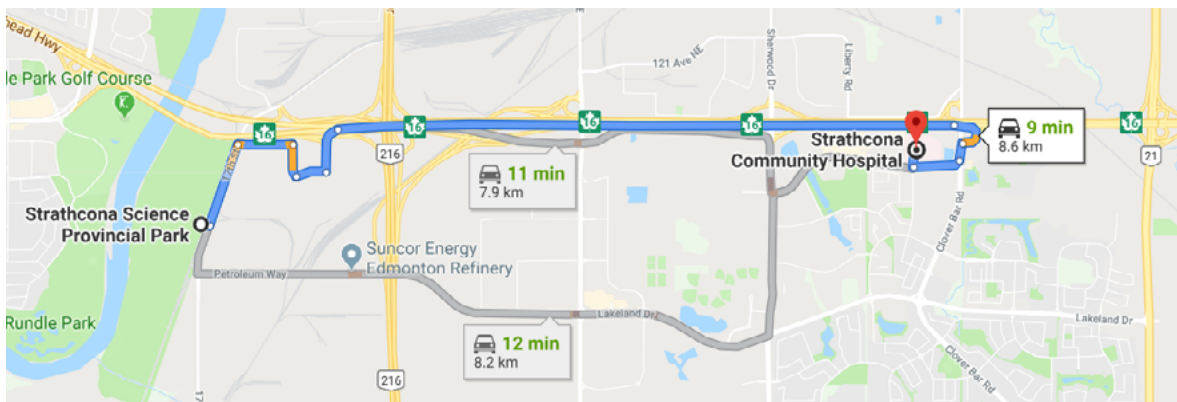
There will be a double entry mechanical zone in which you can leave spare wheels, bikes, or anything else you might need. Make sure you label your stuff and collect it after your race. We are not responsible for lost or stolen items.

NOTE: The exchange of equipment between riders is forbidden; equipment changes (wheels or bikes) may only take place in the equipment pit. A rider who is still in the racing lane and has not passed the end of the equipment pit area may enter the equipment pit as long as he/she re traces his/her route in the racing lane and enters the pit at its start without obstructing other competitors. An approved helmet must be worn at all times while racing or while riding within the event area. Permanent pit style washroom facilities are available at the main and secondary parking areas.

We will have a first aid station on site near the food/team tents area. Marshals and first aid personnel will be equipped with radios to ensure efficient and prompt response to any on course incidents. In case of an emergency call 911. **The Strathcona Community Hospital** is **8 km driving distance** from the park.

STRATHCONA COMMUNITY HOSPITAL DIRECTIONS

- Take 17 St NW/17th St and 116 to AB-16 (2.2 km)
- Take exit 405 from AB-16 (5.6 km)
- Take Emerald Dr to your destination (700m)



SCHEDULE

TIME	DESCRIPTION
8:45	Licence check and sign-on opens
8:40 - 9:20	Course open for pre-ride
9:20	Staging for Novice Men
9:30	Novice Men / Citizen SEL Start - 40 minute race
10:20	Staging for Sport Men
10:30	Sport Men Start - min. 40 minute race
11:30	Staging for Sport Women
11:40	Sport Women start - min. 40 minute race
12:30 - 12:50	Course open for pre-ride
12:50	Staging for Open Men
13:00	Open Men start - 60 minute race
14:10	Staging for Expert Men
14:20	Expert Men start - 50 minute race
15:20	Staging for Open Women
15:30	Open Women - min. 40 minute race

CALL UPS

Up to 8 riders per race, except in Novice Men, will be called up for the start of each race. Call up will be based upon current UCI points then Alberta Cup standings.

COURSE PRE-RIDE / WARM-UP

Course pre-ride can be done during the morning and afternoon time slots. Please confirm with commissaires the course is open before entering the course after 9:20.

AWARDS CEREMONY

Awards ceremonies will take place as soon as possible following the completion of each race.

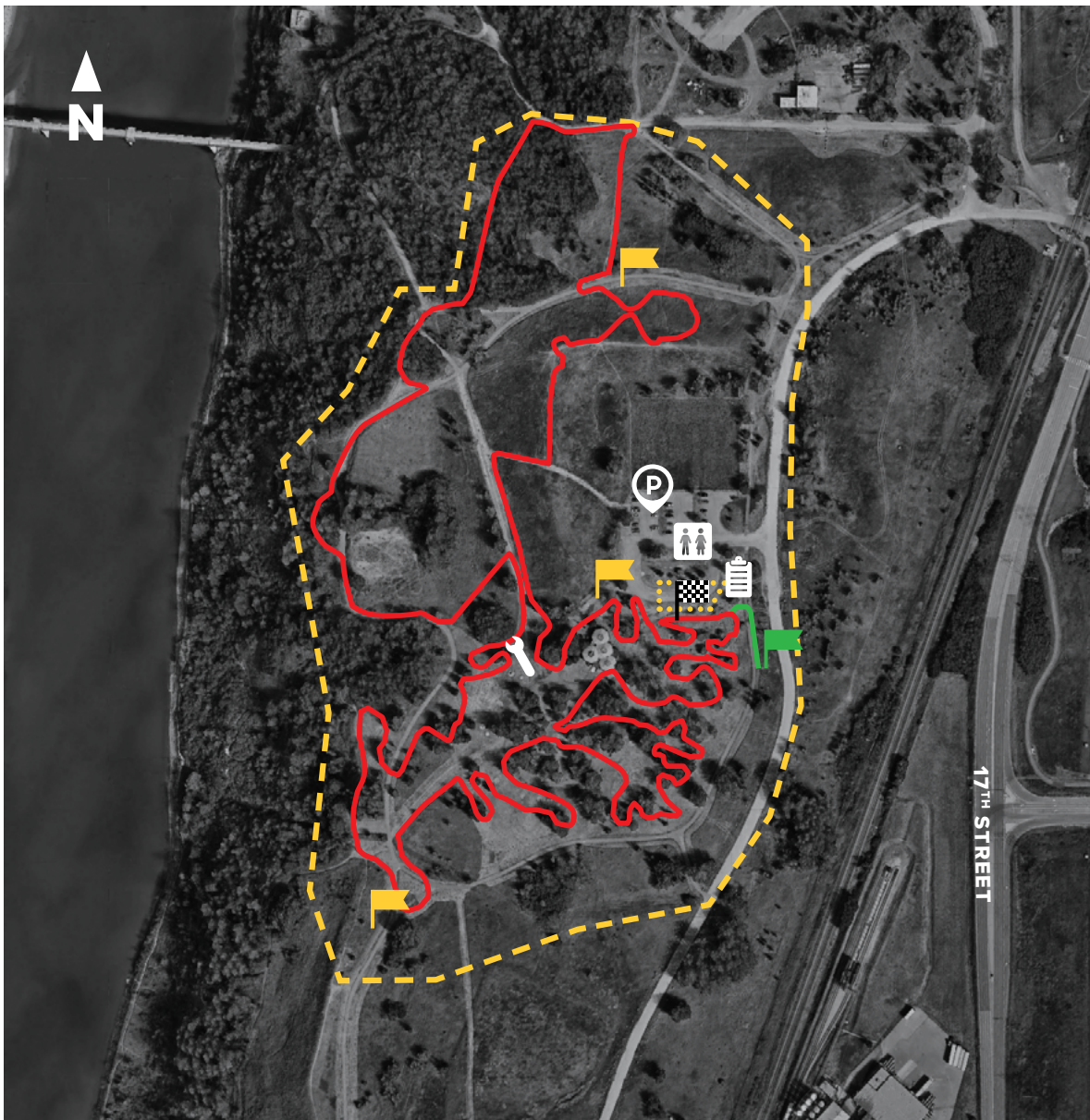
POSSIBLE RACE EXCEPTIONS

The ABA and the organizer may shorten races and/or alter the course dependent on weather, time delays and combine categories if necessary. **Please know your start time.**


COURSE

The tentative course is shown below and can also be accessed at this [link](#)

Direction of travel is **counter clockwise**




EXPO AREA

 Expo/Team Tent Area

 Toilet


 Parking


 Race Sign On

RACE COURSE

 Start

 Finish

 Tentative Course

 Marshal

 Pit Area

THINGS TO KNOW

There are train tracks crossing the entrance to the park. **Trains come often and could cause you to miss your start. Be forewarned and arrive early!**

The food and drink for racers and volunteers will start at 10:15am. **Roasti** coffee will be available at sign on. Post race food and beverages have been generously provided by **Sobeys** Sherwood Park.

Prize money will be dependant on the number of entrants. Prize money will be paid a minimum of three (3) deep in each category. If there are less than five (5) participants in a category, the prizing distribution shall be at the discretion of the race organizer.

If you would like to volunteer or have any questions or concerns, please contact the organizers:

Jason Redfern

jason.e.redfern@gmail.com

780-709-0844

Ed Heacock

heacock@telusplanet.net

780-860-6469



DIRECTIONS

FROM CALGARY

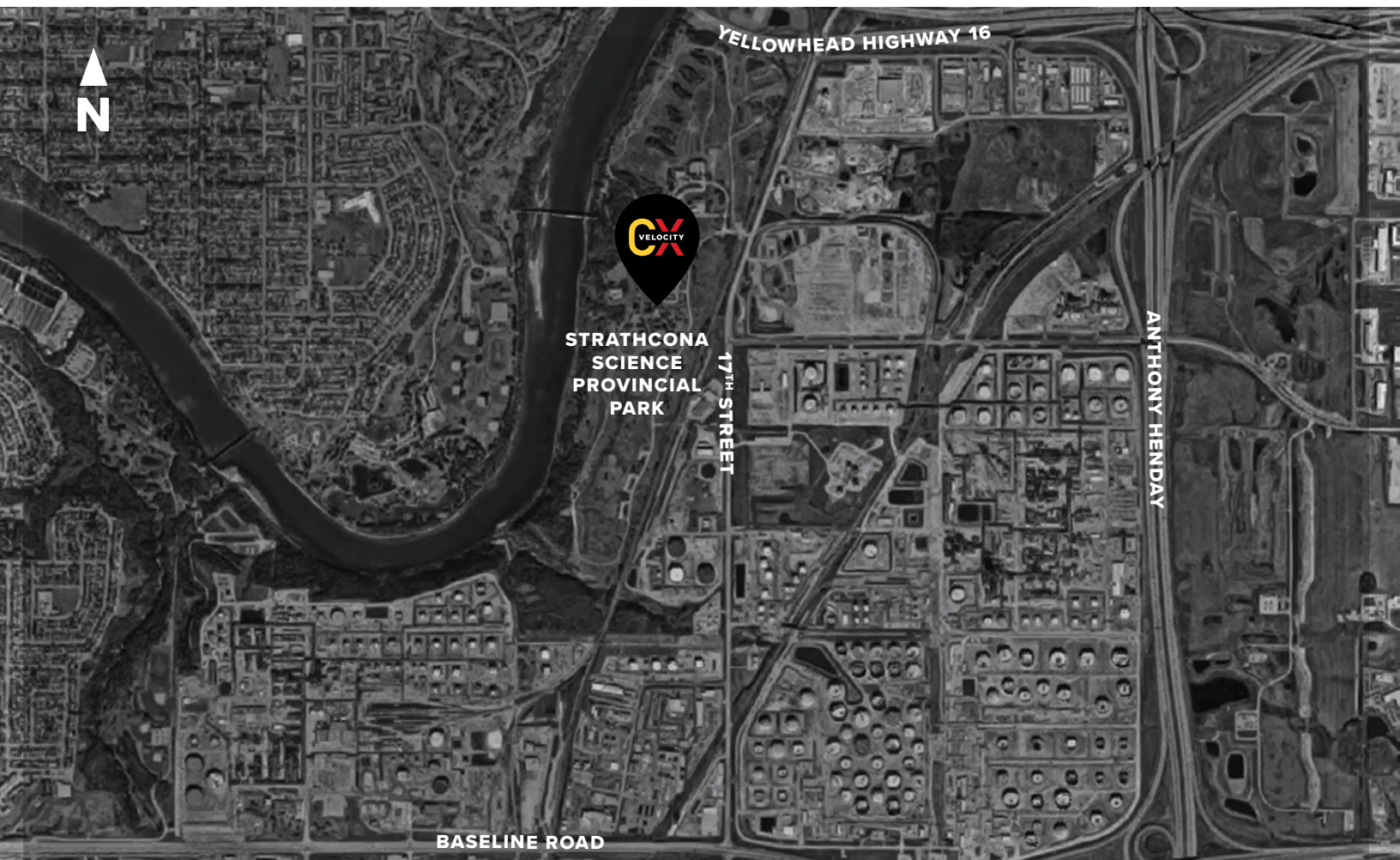
- Take Deerfoot Trail north to Edmonton
- Take the exit onto Anthony Henday Drive Eastbound
- Take the 101 Ave exit and head west on Baseline Road
- Turn right on 17 St
- Turn left into Strathcona Science Provincial Park and head left to find the main parking area.

FROM CENTRAL EDMONTON

- Take 98 Ave/101 Ave/Baseline Road east to 17 St and turn left
- Turn left into Strathcona Science Provincial Park and head left to find the main parking area

Additional parking is available at Sunridge Ski Area (directly north of the main race area).

[Get Directions on Google Maps](#)





CX VELOCITY

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