

### SUNDAY JULY 9, 2023 LYNNWOOD ATHLETIC FIELD EDMONTON, ALBERTA

PRESENTED BY



### Sunday July 9, 2023 Lynnwood Athletic Field 156 Street, 81 Ave NW, Edmonton

#### CATEGORIES

Ability categories 1, 2, 3, 4 for men and women.

Youth – U15 & U17 will ride together, but include separate prizing and podiums.

\*new for 2023 – Citizen Category \*Previously Cat 5. Men and women ride together. Provincial Citizen License required.

#### **REGISTRATION / ENTRY FEE**

Adult Categories \$75 Citizen Categories \$50 Junior, U17, U15 Boys

& Girls Categories **\$40** 

**<u>Register online at Zone 4</u>** Registration closes **11:59 p.m, Thursday July 6th, 2023**.

\*There is no race day registration. Online only!!!

#### **RACE CONTACTS**

**Ed Heacock** – Race Director <u>heacock@telusplanet.net</u>

Peter Sherstan – Volunteer Coordinator peter.sherstan@telus.net

#### VOLUNTEER

If you're interested in helping out please see available opportunities at the link below:

#### Volunteer Signup

**THANKS FOR THE SUPPORT OF** Lynnwood Community League Pedalhead Bicycle Works – Edmonton

#### LAND ACKNOWLEDGEMENT

Velocity Cycling Club and the Alberta Bicycling Association recognizes that our event in Lynnwood Community in Edmonton, is on Treaty #6 territory. The land is a traditional meeting ground, gathering place, and traveling route of the Cree, Saulteaux, Blackfoot, Métis, Dene, and Nakota Sioux. We acknowledge that this is traditional and ancestral land, home to many First Nation, Métis and Inuit.



# THE COURSE

The course has 6 corners and is approximately 1,200m in length.

Direction of travel is counter-clockwise



## SCHEDULE

CATEGORY	START TIME	RACE DURATION
Citizen	9:00 ам*	30 min + 3 laps
Women Cat 4	9:50 AM*	30 min + 3 laps
Men Cat 4	10:40 AM*	45 min + 3 laps
Kids Race Not part of ABA Sanction	11:45 AM*	10 min
U 17, U 15	12:15 рм*	25 min + 3 laps
Men Cat 3	1:00 рм*	45 min + 3 laps
Women Cat 1/2/3	2:05 рм*	45 min + 3 laps
Men Cat 1/2	3:10 рм*	50 min + 3 laps

\*Sign on closes 15 minutes prior to your start time.

### FORMAT

The race will be traditional criterium format – first across the line.

- The bell will be rung to signify both prime laps and last lap. A lap board will be used to signify time remaining then count down the laps with 3 remaining.
- Individual riders lapped by the lead motorcycle may be pulled from the race at the discretion of the commissaires.
- There will be no feeding of riders during the race. (Riders may feed themselves.)
- All riders will finish on the same lap as the winner.

Each race is a stand alone event; this is not a General Classification (GC) event. There is not overall scoring/prizing for the entire weekend result.

#### **MECHANICALS / CRASHES & WHEEL PIT**

- Free lap rule in effect until last 5 laps. Free lap for recognized accidents only, namely punctures, equipment breakage, and crashes certified by a Commissaire.
- The wheel pit will be located prior to the finish line and is not neutral. Riders should deliver wheels to the pit prior to the race.

#### **KIDS RACE**

The younger kids will race one half lap. **Do not register, show at the start line 10 minutes before the event.** Free race entry includes a treat.

#### **AWARDS/PODIUM CEREMONIES**

These will be held for each event as soon as results are verified and the protest period is over. Likely within an hour of the race finish. **Podium protocol will be followed: be present & wear your team jersey.** Prizing will be 5 deep, to be confirmed after registration closes.

#### PRIZE MONEY

**Equal prizing will be available for all categories.** Intent is to have a 5 deep podium and cash Primes. Prizing to be confirmed based on participant registration.

#### **ABA POINTS**

This event will be part of the **ABA Road Series** with points available according to the ABA points schedule B (20, 15, 12, 10, 8, 6, 4, 2).



# **RULES & REGULATIONS**

#### RACE LICENSE CHECK/SIGN ON LOCATION/RACE NUMBER PICKUP

All riders require a 2023 UCI or Provincial license to match your registration category. ABA technical delegate will be on site to assign numbers and frame plate. Give yourself extra time if this is your first ABA race of 2023. **Please supply your own zip ties to secure your frame plate and pins for your numbers.** The sign on table will be the **ABA tent** located in the **Our Lady of Victories NE parking lot**. *See event site map.* 

**Sign on closes 15 minutes prior to your start time.** Riders are reminded that by signing-on they are confirming their participation in the race, which is very important information for commissaries and timing team. **Roll-call will not be taken at the start line.** 

#### **RACE NUMBERS**

Body numbers, left rib cage and left lower back plus one frame number.



**PLEASE BRING YOUR CURRENT ALLOCATED RACE NUMBERS!** If you do not bring race numbers allocated to you this year then you will be charged \$10 for a new set of numbers. If you have not been allocated race numbers this year you can collect them on site. Race numbers and frame plates can be picked up at license check.

#### REGULATIONS

This event will be run in accordance with **ABA/CC/UCI** Cycling regulations. Riders are responsible for knowing and understanding these regulations. They can be found online <u>here.</u>

#### **ANTI-DOPING**

The ABA complies with and fully supports the **UCI anti-doping regulations**, the clauses of the **World Anti-doping Code** and its international Standards to which the UCI anti-doping regulations refer and to the anti-doping regulations of other competent bodies per the regulations of the UCI.

#### **RIDER CONDUCT**

Unsportsmanlike conduct will not be tolerated, including but not limited to public urination, littering, use of profane language and verbal abuse of officials. **Bottles and trash are to be discarded in feed zones only.** 



# **VENUE ACCESS**

The course is located in west Edmonton in the community of Lynnwood. Once in the community, on street parking is available adjacent to the criterium circuit. Please be courteous to residents and obey all traffic laws. Violators will be subject to City of Edmonton fines and/or towing.

#### ACCESS FROM THE SOUTHSIDE OR FAR WEST END OF EDMONTON

... from the Whitemud Freeway take the 159 St exit north to 83 Ave then east into the community.

#### **ACCESS FROM NORTH EDMONTON**

... Once having reached 156 St from either the east or west head south on 156 St to either 83 Ave where you may turn right into the community or continue south to 81 Ave where may turn right into the community.

Clubs may access the community event space to set up a tent before racing starts, but once up will not be removed until last race is done.

### PARKING

Parking is available in the surrounding community. Please be courteous to residents and obey all traffic laws. Violators will be subject to City of Edmonton fines and/or towing.

### MEDICAL INFORMATION/ HOSPITAL LOCATION

First Aid personnel will be available on site and located as noted on the event site map. If there is an incident on course please let the nearest course marshal know so First Aid personnel can be informed and dispatched. The nearest hospital is the Misericordia Hospital located at 16940 87 Ave NW. Phone: 780-735-2000. Map is <u>here.</u>