



MID-WEEK RACING RETURNS IN 2022!

EDMONTON MASTERS CYCLING CLUB



The Edmonton Masters Cycling Club was formed in 1986 by a group of masters-age cyclists for the express purpose of promoting age-related racing. We are excited to finally resume our mid-week events consisting of time trials, criteriums, road races and Sunday morning group rides. The EMCC has organised a full season of club races for masters-age (30 and over) riders for the 2022 season.

After consulting other clubs we are changing the mid-week event to Tuesday nights. This will allow our local athletes an easy day before competing again at the Thursday night track league or an interval session before a weekend race.

For those under 30: the EMCC is offering an under 30 time trial series (you just need to turn 25 years of age in 2022 to be eligible). Please note the EMCC is considering including this age group for other racing if there is significant interest.

EMCC mass-start events are organised by ability groups, or by age categories if there are sufficient numbers. The time trials are decided on the long-established UK system of Age Standards, which allows for a statistically robust and equitable comparison of the performance of anyone from the age of 40 to 100 (Master A riders age 30 to 39 are decided on actual time).

Best All Rounder trophies for each 10-year age category (30 - 39, 40 - 49, 50 - 59, 60 - 69, 70 - 79, 80 - 89) for both men and women are up for competition each year. The BAR is decided on a points system that is designed to encourage and reward participation throughout the year.

In addition to the mid-week events, EMCC also organises a spring training week in Penticton, regular Sunday morning group rides, an annual dinner and awards presentation, and beer-and-pizza evenings to mark the start and end of the racing season.

2ND CLAIM MEMBERSHIP ONLY \$60

\$5 PER EVENT OR \$50 FOR THE SEASON

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